

MANITOK ENERGY INC.

FORM OF PROXY – COMMON SHARES

FOR THE ANNUAL AND SPECIAL MEETING OF SHAREHOLDERS TO BE HELD ON JUNE 25, 2014 OR ANY ADJOURNMENT THEREOF.

The undersigned holder (the "Shareholder") of common shares (the "Manitok Shares") in the capital of Manitok Energy Inc. (the "Corporation"), or his attorney authorized in writing, hereby nominates, constitutes and appoints Massimo M. Geremia, President and Chief Executive Officer, or failing him, Robert G. Dion, Vice President Finance and Chief Financial Officer, or in the place and stead of the foregoing, _____, a true and lawful attorney and proxy of the undersigned with full power and substitution to attend and vote in respect of all Manitok Shares held by the undersigned at the annual and special meeting of the shareholders of the Corporation to be held in the McMurray Room at the Calgary Petroleum Club, 319 – 5th Avenue S.W., Calgary, Alberta on Wednesday, June 25, 2014 at 3:00 p.m. (Calgary time), and any adjournment(s) thereof (the "Meeting"), unless and until the undersigned is present in person at the Meeting, and without limiting the general authorization and power herein given, to vote on behalf of the undersigned as follows, OR IF NO CHOICE IS SPECIFIED, THEN THE VOTE WILL BE IN FAVOUR OF ALL MATTERS TO BE CONSIDERED AT THE MEETING:

1. Fixing the number of directors of the Corporation to be elected at the Meeting for the ensuing year at seven.) FOR AGAINST

2. To elect the following persons proposed as directors in the information circular accompanying this form of proxy:

Massimo M. Geremia) FOR WITHHOLD FROM VOTING

Bruno P. Geremia) FOR WITHHOLD FROM VOTING

Wilfred A. Gobert) FOR WITHHOLD FROM VOTING

Dennis L. Nerland) FOR WITHHOLD FROM VOTING

Gregory E. Peterson) FOR WITHHOLD FROM VOTING

Tom Spoletini) FOR WITHHOLD FROM VOTING

Cameron G. Vouri) FOR WITHHOLD FROM VOTING

3. Appointing KPMG LLP, Chartered Accountants, as the auditors of the Corporation for the ensuing year and authorizing the directors to fix their remuneration.) FOR WITHHOLD FROM VOTING

4. Approving the Corporation's amended and restated stock option plan as further described in the information circular accompanying this form of proxy:) FOR AGAINST

5. Approving By-law No. 2 of the Corporation, which includes advance notice requirements for director nominations from shareholders as further described in the information circular accompanying this form of proxy:) FOR AGAINST

6. On any other business which may properly be brought before the Meeting.

Upon any amendment to or variation of the above matters or on any other matter properly brought before the Meeting, the proxyholder will have the discretion to act in such manner as such proxyholder, in his sole discretion, may determine.

THE UNDERSIGNED HEREBY REVOKES ANY PROXIES PREVIOUSLY GIVEN.

Dated this ____ day of _____, 20__.

(signature of Shareholder)

(name of Shareholder – please print)

INSTRUCTIONS:

1. If the Shareholder is a company or a corporation, this form of proxy should be under its corporate seal and executed by an officer or attorney thereof duly authorized.

2. **The Shareholder has the right to appoint a proxyholder (who need not be a shareholder of the Corporation) other than the persons designated above to attend and act for and on behalf of the Shareholder at the Meeting.** To exercise this right, the Shareholder must either insert the name of the desired person in the blank space provided above and strike out the other names or complete another appropriate proxy and, in either case, must deliver the completed proxy in accordance with the provisions set out in the information circular – proxy statement of the Corporation dated May 27, 2014 (the "**Information Circular**").

3. The Manitok Shares represented by this proxy will be voted in accordance with the instructions of the Shareholder on any ballot that may be called for.

4. This proxy must be dated and the signature of the Shareholder should be exactly the same as the name in which the Manitok Shares are registered. If this proxy is not dated, it shall be deemed to be dated on the day on which it is mailed.

5. Persons signing as executors, administrators, trustees, *etc.* should so indicate. Only shareholders of record on May 6, 2014 who either personally attend at the Meeting or who complete and deliver a form of proxy in the manner specified and subject to the provisions set out under the heading "Management Solicitation of Proxies" in the Information Circular will be entitled to vote or have their Manitok Shares voted at the Meeting except to the extent that a shareholder has transferred the ownership of any Manitok Shares after such date, and the transferee of those shares produces properly endorsed share certificates or otherwise establishes ownership of such shares and demands, not later than 10 days before the Meeting, that the transferee's name be included in the list of shareholders entitled to vote, in which case the transferee is entitled to vote such shares at the Meeting.

6. This proxy must be deposited at Valiant Trust Company, Suite 310, 606 – 4th Street SW, Calgary, Alberta, T2P 1T1, or by facsimile to 403-233-2857, not less than 48 hours (excluding Saturdays, Sundays and statutory holidays in the Province of Alberta) prior to the time of the Meeting.

7. The Shareholder may use Valiant Trust Company's website at www.valiantrust.com to transmit its voting instructions. The Shareholder should have the form of proxy in hand when it accesses the website, as it will be prompted to enter its control number, which is located on the form of proxy. If the Shareholder votes using the website, its votes must be received not later than 3:00 p.m. (Calgary time) on June 23, 2014 or 48 hours prior to the time of any adjournment of the Meeting. The website may be used to appoint a proxyholder to attend and vote on the Shareholder's behalf at the Meeting and to convey the Shareholder's voting instructions. Please note that if the Shareholder appoints a proxyholder and submits its voting instructions and subsequently wishes to change its appointment, the Shareholder may resubmit its proxy and/or voting direction prior to the deadline noted above. The most recently submitted proxy will be recognized as the only valid one, and all previous proxies submitted will be disregarded and considered as revoked, provided that the last proxy is submitted by the deadline noted above.