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PRESS RELEASE

**MANITOK ENERGY INC. ANNOUNCES FINANCIAL RESULTS
FOR THE THIRD QUARTER OF 2017**

November 29, 2017, Calgary, Alberta – Manitok Energy Inc. (the "Corporation" or "Manitok") (TSX-V: MEI) announces its financial and operating results for the third quarter of 2017.

The full text of Manitok's third quarter results are contained in its unaudited and unreviewed condensed interim consolidated financial statements as at and for the three and nine months ended September 30, 2017 and the related management's discussion and analysis, copies of which are available electronically on Manitok's profile on the System for Electronic Document Analysis and Retrieval ("SEDAR") at www.sedar.com and also on Manitok's website at www.manitokenergy.com.

About Manitok

Manitok is a public oil and gas exploration and development company focusing on Lithic Glauconitic light oil in southeast Alberta and Cardium light oil in west central Alberta. The Corporation utilizes its expertise, combined with the latest recovery techniques, to develop the remaining oil and liquids-rich natural gas pools in its core areas of the Western Canadian Sedimentary Basin.

For further information, view our website at www.manitokenergy.com or contact:

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